

# What's happening at Gold Coast Doulas?

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## **BREASTFEEDING BASICS**

*with Shira Johnson, IBCLC*

March 20 5:30pm - 8:00pm

\$45/couple

## **INFANT MASSAGE**

*with Cristina Stauffer, LMSW, CEIM*

April 10 6:00pm - 7:30pm

April 17 6:00pm - 7:30pm

\$75

## **MAY HYPNOBIRTHING SERIES**

*with Courtney Garvelink*

May 3, 10, 17, 24, 31

7:00pm - 9:30pm

\$299

## **NEWBORN CARE**

*with Alyssa Veneklase, CD*

March 27 6:00pm - 8:00pm

\$50/couple

**All classes include books and/or materials.**

**All classes located at  
4804 Cascade Road SE**

**Call or register online at  
[www.goldcoastdoulas.com](http://www.goldcoastdoulas.com)  
616.294.0207**