

Grand Rapids Doula Speed Dating

This event will take place every other month at Advanced Ob-Gyn 230 Michigan Street NE Suite 102.

• January 5, March 1, May 3, September 6, November 1.

• We will skip July to enjoy all that summer has to offer in West Michigan.

• Grand Rapids events will take place from 6 to 7:30 p.m. each time.

· Light snacks will be provided.

Zeeland Doula Speed Dating

This event will take place every other month at The Colonial Clock Building 201 W. Washington St.

• February 1, April 4, June 6, August 1, October 3, December 5.

· Zeeland events will take place from 6:30 to 8 p.m. each time.

· Light snacks will be provided.

Register by emailing goldcoastdoulas@gmail.com www.goldcoastdoulas.com